

Celebrating Three Years of Serving Smoke-Free Air in NC THANKS FROM THE BOTTOM OF OUR LUNGS



Smoke-Free Restaurants and Bars Law Turned Three Years Old in January

During January, the Youth Advisory Council of Tobacco Reality Unfiltered celebrated the Third Birthday of the Smoke-Free Restaurants and Bars Law in Forsyth County. The Youth Advisory Council is made up of Forsyth County middle and high school students that advocate and educate on youth tobacco prevention. Residents have enjoyed three years of restaurants and bars serving up what they order without the health hazards of second hand smoke.

“The smoke-free law protects workers and customers from the known health hazards of secondhand smoke, has improved indoor air quality, prevented heart attacks and saved health care dollars,” said Debbie Mason, Health Policy Unit Director at Forsyth County Department of Public Health.

Many communities around the state hosted local celebrations. In Forsyth County, the Youth Advisory Council of TRU visited two restaurants. On January 29 and 30, 2013, TRU presented Golden Corral and Mario’s Pizza a “Happy 3rd Birthday Smoke-Free Restaurants and Bars” cake. Golden Corral and Mario’s Pizza were among the first restaurants to become smoke free in Forsyth County.

“The youth enjoyed the birthday celebration by presenting the restaurants with the cake and showing their gratitude for the North Carolina smoke-free law” said Lindsey Whisnant, Youth Tobacco Prevention Coordinator at Forsyth County Department of Public Health.

For more information, contact the Lindsey Whisnant at whisnalb@forsyth.cc or (336) 703-3175.