

A Community Learns to Understand and Respond to Depression

(...because life isn't always a bowl of cherries.)

Saturday, May 14, 2011

10 a.m. – 2:30 p.m.

(Lunch is provided)

Forsyth County Health Department

799 Highland Ave

Winston-Salem, NC

Sponsors

Triad Baby Love Plus

Forsyth County Department of Public Health

Work Family Resource Center

Exchange/SCAN – Welcome Baby

IMPRINTS

Join other women and families in the community as we learn more about the signs and symptoms, treatment and therapy options, & community resources related to depression and postpartum depression.

See reverse side for Agenda. (3 DCD credit hours available for childcare providers.)

*****Reserve your space; register by Monday, May 9, 2011.*****

✂✂✂✂ Detach and return this portion, save the top for your calendar. ✂✂✂✂

Name _____

Address _____

Return completed registration form to

Triad Baby Love Plus

4265 Brownsboro Rd, Suite 115

Winston-Salem, NC 27106

Or fax it to 336-896-7684

Or call

336-896-7944, ext. 255

City, State, Zip Code _____

Tel. # (____) _____

Email address _____

Age range, please check one 15-19 20-29 30-39 40-44 45+

☆Transportation assistance and limited childcare are available, call 336-896-7944, ext 255 to learn more.☆

Lunch is provided; please indicate if you would like to select a vegetarian option, Yes, I would like a vegetarian meal.

Do you or your children have any food allergies? If so please indicate in the space below:

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Saturday, May 14, 2011
Forsyth County Department of Public Health

Agenda

- 10:00 Registration
- 10:30 Welcome/Overview of the Day
- 10:45 My Story of Depression: *Lauranita Katende, MPA*
- 11:00 Opening Session: Depression Mythbusters, Signs and Symptoms
Everette Witherspoon, MSW, County Commissioner; Forsyth County
- 11:30 - Lunch Provided -
- 12:00 My Story of Depression: *Rachel Wright*
- Guest Panel: Participants will gain a greater understanding about what to expect when seeking help with peer & faith counseling, support groups, and clinical therapy.
Victor Isler, Licensed Therapist; Andy Hagler, Mental Health Association; Angelique Hamlet, Heartstrings Parent; Dr. T. Ashby Banister III, Pastor
- 1:15 Spirit and Science: The Two Really Work Together
Lisa Clark M.Div., Women's Health Branch
- 2:00 Questions & Closing Remarks
- 2:30 Evaluations
Adjourn

**For more information contact
Triad Baby Love Plus
336-896-7944, ext. 254**



This conference supported in part by project number H49 MC00088 from the Healthy Start Initiative, Maternal and Child Health Bureau, Health Resources and Services Administration, Department of Health and Human Services in conjunction with the NC Division of Public Health – Women's and Children's Health Section.